

Counselling Contract

SAMPLE

This contract is between Tracey Hyde and
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Sessions

The assessment session is one hour in duration. If you choose to continue to work with me sessions for individuals are one hour and couples 1.5 hours.

You can end the counselling at any time, preferably in negotiation with me. I do however, stress the importance of an ending session.

Fees

Fees are normally £45 for a one to one session and £65 for a couple.

Cancelled or Missed Sessions

24 hours is required for cancellation otherwise the session will be charged for at full rate.

Confidentiality

Confidentiality is a fundamental part of my work, therefore with a few exceptions everything discussed between us is confidential. The exceptions and consequences will be discussed in the assessment session. Any notes taken by me will be placed in a locked cabinet.

I do have monthly supervision where our work may be discussed. Only first names are given, so clients remain anonymous.

I do have a CCTV camera on the front of my house, however it does not film the front door area only the drive. All recordings are automatically cleaned after one month.

BACP

I am an Accredited member of BACP and adhere to their code of ethics and complaints procedure.

Insurance

I have public liability insurance in place and I am DBS checked and hold an enhanced certificate.

I look forward to working with you.